



Community Based Day Opportunities

Look Book - Calderdale

Introduction

Welcome to your Community Based Day Opportunities Look Book.

This booklet contains information about each Provider who can offer Community Based Day Opportunities for adults with Learning Disabilities in Calderdale.

We want to make sure that you have choice and control when you are thinking about choosing a service provider and the Look Book contains information on the opportunities and activities that each service provider offers. The Look Book will give you an idea of the options available to you.



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Why we are here

To deliver better lives and a brighter future through offering the best possible 'life opportunities' to people with a learning disability and autistic people.

Our vision

Is to ensure people with a learning disability and autistic people are supported to be equal citizens. They can live the life they want to live in their communities, in their own home, with the right health and social care support to meet their needs.

Our values

We listen, we see the whole person, we address inequalities, we promote living well, we are here for everyone.

Our focus

We will work together with people with a learning disability and autistic people to reduce health inequalities, uphold people's rights and help them achieve their aspirations, ensuring that people get the right support at the right time in their local community.



"360 have helped me to improve my independence, allowed me to access the community and take part in activities I want to do"





*“Supportive and encouraging,
positive support staff”*



*“Two thumbs up for 360,
360 is my happy time”*

We believe people with a learning disability and autistic people should live the best life possible.

So, every day we create opportunities for people to take part in things they enjoy doing and help them make choices about when and where they do them.

Day Opportunities or as we like to call it ‘Life Opportunities’ is a segway that help people with a learning disability and autistic people to be part of their community.

Our highly skilled staff teams support people to find hobbies they enjoy, while setting and achieving personal goals to develop skills in areas of their life they choose.

We bring people together from all walks of life and abilities. We aren’t just another day opportunities service we are a place in the community where people feel they belong, where we can make things!

We work closely with people to find out what they want to do and then support them to do it.

This might include:

- Going to work
- Being a volunteer
- Taking part in learning & education
- Enjoying leisure or holiday activities
- Making and seeing friends
- Taking part in cultural/faith-based
- Activities



The Boathouse
Wharf Street
Brighouse
HD6 1PP

t: 01484 62148
e: info@cjpos.co.uk
www.cjpos.co.uk

CJP Outreach Services is an organisation borne out of personal experience and a desire to follow a different, fresh approach to the provision of Outreach Services for people with learning disabilities and/or physical disabilities / complex and multiple needs.

We have vast first-hand experience of what living with, assisting and supporting someone with disabilities is about and we understand what is important for the individual and also their family.

Our Ethos is based on “The wealth of personal, hands-on experience will stand us in good stead and I feel that our approach, which is to be one of always ***‘delivering a quality person-centred service’*** where the customer and their family’s aspirations, needs and wishes are adhered to and respected, will be a highly successful approach.

Today, CJP Outreach Services is proud to provide a quality and sustainable service, and this was recognised by CQC (the regulator) in 2019, with an Outstanding rating

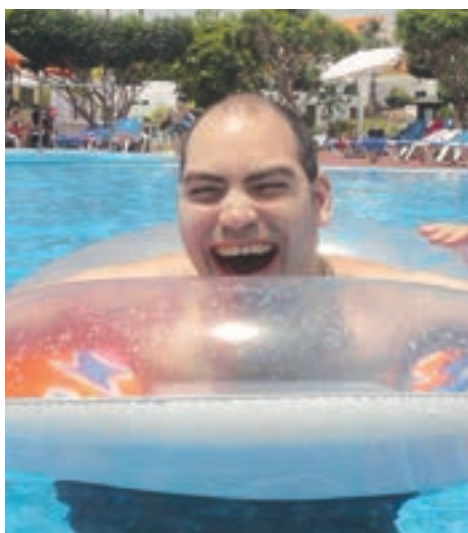
Mission Statement

CJP Outreach Services exists, with the sole aim to be different from our competitors.

We will ensure that our customer’s wishes are fulfilled and surpassed, by understanding, hardworking, loyal and friendly enablers.

Our enablers will work effectively with the customer and their families, re-enforced by our strong pro-active management to deliver a dynamic and sustainable outreach package that is unrivalled and one which our customers can be truly delighted with.

We view problems not as problems, but as challenges, and we never let any challenge impede our support and assistance of a customer. We will overcome any challenge quickly, with practicality and common-sense.



Organisational Values (CJP)

Commitment

- We are committed to supporting people and keeping them safe
- We are committed to improve the care and experience of the people we support
- To take action to make this vision and strategy a reality for all and meet the health, care and support challenges ahead.

Joint Working

- Empower, encourage and enable people who need care and support to do things for themselves and to make their own decisions
- Communicate options and offer realistic choices to people who need care and support
- Build two-way relationships of trust with colleagues, the people we support and other stakeholders
- Develop local networks and involve other professionals when needed for additional information and support.

People First

- The people we support receive high quality, empowering and inclusive services
- Family carers have confidence and trust in reliable, experienced and committed staff
- Staff are supported and inspired to be the best that they can be
- Commissioners have faith in effective and efficient services.

Services Provided

Outreach Support – this can be in the home support, or support to access the community, which includes support to attend work, college and events

Community Involvement – we support people to access community facilities, this can be as an individual or with a group

Day Support – we support people through the day, this could be with activities, visiting places of interests or just meeting people

Testimonials

“CJP Outreach Services have provided care for both my sons, each have complex needs but are totally different individuals, for many years and their focus on the provision of a person-centred service has been unique! Very professional and their support has been invaluable to our family”

Mum of a person supported by CJP

“I have had experience of a few care firms. Some have let me down badly. So far I have received absolutely superb care from CJP. They rescued me before Christmas when I had huge problems with no care. Robin stepped in and brought Katie and between them they solved all my problems. I am fairly tough but have considerable physical disabilities and was feeling desperate. Now I have very skilled, delightful, professional carers who never let me down and if necessary will go the extra mile. I am truly grateful for their input in my life which has resulted in the ‘old me’ returning! I was a deputy head in a secondary school and despite huge efforts from my family I felt my life was collapsing but CJP have rescued me”.

Person supported by CJP



COMMUNITY SUPPORT SERVICES

meeting individual need with quality care

Aachen Hall
Skircoat Moor Road
Halifax
HX3 0HA

t: 01422 359888

e: info@communitysupportservices.com

w: www.communitysupportservices.co.uk

Daytime Opportunities



OUR MISSION STATEMENT

Don't judge a book by its cover.
Achieve anything you want to do.
You are important.
Support each other.
Enjoy, laugh and be happy.
Remember, we are all equal.
Value yourself.
Independence brings happiness.
Come with an open mind.
Effort brings reward.
Strive to achieve new goals.

AACHEN HALL

We offer a variety of fun, educational and recreational activities for up to 40 adults at any one time.

Within our centre-based service, we provide a safe environment for individuals to learn new or enhance existing skills, promote independence, and help build confidence and self-esteem.

Our day services reduce the potential of isolation and encourages individuals to socialise with people who have the same interests, whilst providing well-being support through a variety of activities.

Healthy lifestyle choices are important to us, we promote growing our own vegetables on our allotment through our 'seed to the table' workshops, healthy meal preparation and providing the opportunity for individuals to be active.

'Day Service staff support me to do the things I like to do such as go on trips to museums, train stations, use the laptop and to go clothes shopping. They also support me to go to my important appointments and make me feel comfortable. Staff at Day Services make sure I have food & they help me when I'm upset'.

Person who uses our service



In response to the diverse needs of the people we support, we have created the facility to offer both personalised centre-based services and communitybased opportunities.

Along with our centre-based activities, we support individuals to access local community facilities, securing our links with local services and working to reduce dependency on paid support.

Our strong links with other local community groups have not only played a huge part in providing new experiences and up-skilling the people we support, they have also helped develop personal relationships and friendships outside of services often resulting in people making true friendships, leading to independent socialising.

Scan our QR code for more information



or visit our website at
www.communitysupportservices.co.uk/day-services





COMMUNITY SUPPORT SERVICES
meeting individual need with quality care

The Addy
Slippy Lane
Mixenden
HX2 8QD

t: **01422 241450**

e: **info@communitysupportservices.com**

w: **www.communitysupportservices.co.uk**

The Addy - Mixenden



OUR MISSION STATEMENT

- Our purpose is to promote the independence, inclusion and well-being of adults with learning support needs, by offering bespoke vocational training and employment opportunities.
- We aim to provide the best value and quality to our customers and use our available resources in an efficient and creative manner.
- To achieve our purpose, we will invest in our employees and the people who use our services, to maximise their potential, promote social inclusion and independence, with respect and dignity.

Alongside our centre-based day service sessions at The Addy, we also support individuals who are keen to explore paid employment opportunities and support them to prepare for this process.

Our support includes, looking at career paths, training, work experience, completing application forms, interview techniques and employer expectations.

The unique services we provide at The Addy may begin as centre-based but often expands into resources provided in the local community.

When supporting individuals to be 'work ready', the training we provide includes, First Aid, Health & Safety and Manual Handling.

This supports individuals to achieve the best outcomes and chance to secure paid employment.



Community Works Mixenden, our Social Enterprise initiative helps us achieve outcomes and overcome barriers that individuals face, whilst experiencing employment in a supported environment.

In addition to their training, we provide individuals with the opportunity to get a taste of real employment, by working in our on-site café and completing local gardening projects under the same expectations of a paid employee.

Our job coaching service enables us to work with potential employers to provide a 'settling in' period when the individual commences new employment.

Our established links with local employers help to build a trusting, professional relationship with the employer and the individuals we support.

'The staff at The Addy have supported me through the employment programme, helped me get my Maths and English qualification and supported me with paid employment'.

Person who uses our service

Scan our QR code for more information



or visit our website at
www.communitysupportservices.co.uk/day-services



- Social Activities
- Day / Evening Sits
- Prescription Collection
- Cleaning
- Meal Preparation
- Shopping
- Grooming
- Gatherings
- Social Activities
- Transportation
- Night Sits / Sleeping
- Cooking / Cleaning
- Enablement
- Animal Therapy
- Appointments Assistance
- Personal Care
- Travel Companionship
- Health and Wellbeing
- Medical Administration
- Recuperation
- End of Life Care

Get in touch, today, to discuss your loved one's specialist requirements.



*‘Elmar provides me with the
care, comfort, confidence and
companionship I need for
an enriched life’*

Marjorie Smith, Leeds





Helping Hands is a charity who provide a much needed support system for local people with learning disabilities. Open Monday to Friday from 9am - 3pm, the centre has been established for over 50 years and has an enthusiastic and dedicated staff team who encourage independence, creativity and teamwork. We aim to provide a person-centred service that allows individuals with learning disabilities to realise their potential and live a full life.

What do we offer?

The centre provides a wide range of activities including:

- Computer Skills
- Arts and Crafts
- Gardening
- Cookery
- Dancing

Alongside this we also offer many social activities such as theatre trips, barbeques, quizzes and games.

Why Choose Helping Hands?

We pride ourselves on being one of the most affordable day centres in Calderdale and ensure we provide a quality service and excellent value for money. As a smaller day centre, we offer a safe and friendly service for service users who often feel overwhelmed in larger, busier settings. We help to provide consistency and continuity for those who need it the most, with some of our users attending the centre for over 20 years. Other reasons to choose Helping Hands include:

- Fully wheelchair accessible location with excellent transport links to Halifax town centre
- Small group numbers, encouraging strong friendships between groups
- Fully accessible bathroom facilities including hoists and assistance where required
- Hot meals provided daily at very low cost
- Experienced staff who are fully trained and qualified to meet the needs of our service users

“I have been coming here for many years and love to come and see my friends and the staff. We always have a good laugh. My favourite thing to do is dancing and music sessions. I am excited to go back to the pantomime with Helping Hands this year”

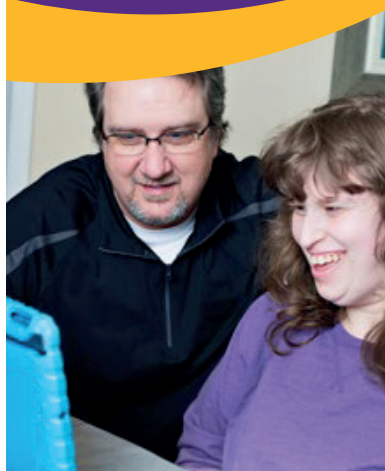
Susan, service user



Formerly Halifax Spastic Society

Providing a much needed support system for local people with cerebral palsy and other disabilities

Registered in accordance with the National Assistance Act 1948 and Charities Act 1960. Charity Reg No. 225829



On Your Doorstep Calderdale

Hft is a national charity supporting people with learning disabilities and their families for 60 years. Everything we do focuses on helping the people we support live the best life possible.

In Calderdale we are bringing the exciting 'On your Doorstep' model. This will blend both the excellent working standards set by HFT alongside the specialism of L2MU. On Your Doorstep will provide opportunities for people with learning disabilities and/or autism with mild, moderate and more complex needs to access community led support during the day as an alternative to their standard attendance at a day service using your commissioned hours. This will be supported by well trained HFT staff.

A Community Connector will source activities that are specific to your needs, interests and aspirations. We will work with you to get to know your aims and wishes and support you to become more involved in your local community, learn new skills, widening your circle of friends and signposting you to different opportunities and services.

Values

On Your Doorstep is committed to supporting people with learning disabilities and/or autism to extend their social networks, improve overall health and well-being and reduce loneliness and isolation through increased social connection.

We support development of meaningful friendships and relationships, help build confidence and self-esteem, increase independence levels and enable value in the local community.

What we offer

We will offer an exciting programme of face to face social activities every 6-8 weeks based on your interests and wishes. You will be supported to attend these by Hft's well trained staff.

Contact: 01274 655956 www.hft.org.uk



Face to face

We can support you to access a range of group leisure activities such as walking, sailing, sport, cinema, meals out, gardening groups etc. These are based on feedback received from you. You will develop a weekly activity plan alongside our Community Connector and HFT staff. This may include volunteering opportunities within your local community.

Online

We also offer a range of great online activities such as quizzes, cooking, music nights and workshops, allowing you access to a national virtual service.



Workshops

We also run a variety of different educational workshops such as staying safe, relationships, mental health and well-being, as well as some fun events such as cooking, yoga and dance.

Luv2meetU

You will have the opportunity to get involved and meet people from the existing Luv2meetU service in Calderdale. Luv2meetU is a friendship and relationship service for people with learning disabilities and/or autism which provides people with the opportunity to meet new people, make friends and develop relationships.

Quotes from people in receipt of service...

"I like the different activities."

"I get to meet new people, make new friends, do stuff together like going out for a meal."

"I'm enjoying it. I like day trips, bowling and the cinema."

"Good fun going out and about. Getting out the house is important."



The Hive is a modern service that believes in encouraging and supporting individuals in reaching their full potential through stimulating activities. The Hive is managed by an experienced, well established team of Trustee's, staff and volunteers, who together, provide a wealth of knowledge and expertise in the daily functioning of the service. We pride ourselves on promoting social interaction, self-confidence, self-worth and independence. All service users are supported with decision making, leading and developing activities, as well as their own projects.

Anyone wishing to attend, will have a discussion around what they wish to achieve before a start date is confirmed. The Hive offers a person centred approach that meets individual needs and provides a high quality of care. All service users have a person centred support plan and regular reviews which enables them to reach any desired goals, achievements and outcomes effectively.



Service user and family feedback:

“We have noticed a dramatic change in the behaviour of our family member since attending The Hive. They have gained amazing confidence and is less anxious and nervous, especially when out in the community. They are more patient, calm and have matured a lot. They have learned valuable skills, which they once struggled with. They are happy at The Hive and really enjoy all sessions.”

“I love The Hive and now join in with all activities”

The Hive is a day service who welcomes adults with a learning disability aged 18 and over. We are open Monday to Friday 8.30-4.00. Activities currently on offer are Arts & Crafts, Woodwork, Media Studies, I.T (Ebay account), photography, Life & Social Skills, Product Design, English & Maths. We also offer gentle exercise sessions twice a week, run by a qualified personal training instructor.

Advice is given on the topics of healthy living, personal hygiene and on the importance of sensible eating. The Hive has a charity shop within the centre, in which service users are offered the opportunity to get involved and gain valuable work skills.

In the near future, we will be providing a canteen, where service users will be supported in drawing up menus, shopping locally for fresh produce and preparing and cooking meals. We will also have a Dance & Drama studio in which service users can work, should they wish. Educational/fun trips, and a range of recreational and social events are also offered.

The Hive promotes learning and development through a wide variety of meaningful activities in a secure, caring environment. All of which is included in the standard attendance fee. Activities are suitable for varied abilities and interests, with the main aim in providing support to all who attend. Enabling individuals to build and improve their overall physical, mental health and well-being.

It is our priority to make each individual, their family and carers feel welcomed and valued from their first day. Our service will be responsive and sensitive to ethnic, religious, cultural and other requirements, making sure these are considered in reviews and action taken if required. We value the role of carers and their knowledge and experience of the person whom they care for.





11 Club Lane
Calderdale Business Park
HX2 8DB

e: admin@lgcaring.com
www.lgcaring.com

Outreach Services

We are a diverse company working across different settings with people from all walks of life. We offer a personal centred care package for all our clients with their preference in mind.

Dignity and respect are at the forefront of our values.

We have a unique outreach service which is inclusive so all our clients receive the best quality care our support team can provide.

We provide a day service within our head office base, where we run activities throughout the day and at weekends for young adults as well as respite breaks.

During in these sessions, we provide life skill such as cooking, budgeting classes, sensory sessions, days out and travel training and much more. We make a weekly, personalised schedule for all the clients we support and offer a wide range of activities to choose from. We incorporate education into these sessions to help our clients excel in all areas of life.

Boxing and Health sessions have been a huge success.

The clients have progressed through the boxing program with Halifax Boxing Club. After boxing, the clients make a healthy meal for their lunch and chose a fitness activity for the afternoon session. This is an activity that has successfully been running for over 12 months and community outreach clients have also joined this activity.

We can offer a wide range of support specific to the needs of all our clients.

We offer support with finding and attending voluntary placements.



“I love going to the centre and meeting my friends. We go out on trips and do lots of fun things. I get to choose all what I would like to do every week and I get to make food and do makeup and nails. I like all my support workers” KM SU





Copley Cricket Club
Copley Lane
Halifax
HX3 0UG

t: 07711 084205
e: hello@limitlesscalderdale.co.uk
www.limitlesscalderdale.co.uk

What Limitless offers

We offer our Day Service on Wednesdays and Thursdays currently (this could change depending on demand) and outreach through the week, we are flexible and try our best to work with you.

We offer transport where required and travel training if suitable.

From the horses mouth

"I have the best time at Limitless and really look forward to coming, my confidence is so much better"

"I really like the relaxed atmosphere and that we can choose what to do"

Activities

At Limitless we work with the person and plan activities together, we discuss what we may like to learn or experience and work from there, we don't have a set pattern of activities as everyone is unique and likes different things or may be at different stages in their lives, some activities we have recently done are:

Life skills

- Travel training
- CV writing
- Home cooked fresh meals
- Baking,
- IT and email writing

Activities

- Upcycling
- Creating items to sell for our fundraising
- Fun sports
- Planting in our garden
- Themed crafts.

Community

- Getting to know people
- Visiting places in our local area
- Working with local businesses.

We are always open to the individuals ideas and plan around this.

We also love to get out and about on trips and holidays.



Our Values

We strongly believe in valuing people and their individuality, we believe that people with a learning disability should have the confidence to thrive and we will always support people to live their life as they feel, we are an enabling service and promote independence in everything we do, we will support you to create goals and meet them, if you don't want to do something we don't do it, you are at the centre of what we do and why we do it! You are You!



Limitless supports people with Learning Disabilities and ASD conditions to lead purposeful lives, we promote independence and choice in everything we do, we are an enabling service capturing people's aspirations and needs to offer development and encourage progress.

Limitless always puts the person first and works respectfully to ensure choices are at the forefront of everything we do. We are individuals with individual aspirations and dreams, we fully support your goals.





A place to make new friends, learn new skills and create new opportunities for adults with learning disabilities

What we offer:

A wide variety of activities and opportunities for members in a dynamic and friendly learning environment run by an experienced and trained staff team to meet individuals' needs and to help them achieve their personal goals.

Feel free to come and have a look around, or contact us to book a FREE taster day to try Magpies for yourself.

Our Values

Respect	Compassion	Individual	Aspirational	Professional
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Contact Us:

01422 383 550

hello@magpies.org.uk

magpies.org.uk



Unit 15 | Calderdale Business Park | Club Lane | Halifax | West Yorkshire | HX2 8DB

More information available on our website.

We believe people with learning disabilities deserve to live life to the full.

Our vision is one of a society which values us all.

We support and encourage adults with learning disabilities to lead fulfilling lives.

Activities:

A range of fun activities for people to get involved with, including:



**ARTS
&
CRAFTS**

**DANCE
&
DRAMA**



**SPORTS
&
KEEP
FIT**

**COOKING
&
BAKING**



**TRIPS
OUT**

**MEDIA
&
MUSIC**



**SELF
DEVELOPMENT**

**VOLUNTEERING
&
WORK
EXPERIENCE**



“ I have made so many friends at Magpies!
The sessions are awesome, I especially love
gardening and dancing and I am really proud
of achieving my goals. ”

LOOK BOOK



The Mayfield Trust
Helping people live life to the **FULL**



www.mayfield-trust.org.uk

 /MayfieldOutreach

 @TrustMayfield

 the_mayfield_trust_1

THE MAYFIELD TRUST

Mayfield House,
West Royd Close,
Halifax
HX1 3BE

01422 322552
info@mayfield-trust.org.uk

1. SUPPORT.

HOW
WILL YOU
SUPPORT
'ME'?



WE
SUPPORT 'YOU'
AS AN **INDIVIDUAL**,
YOUR **IDENTITY** AND
PERSONALITY
MOTIVATES
US.



WE WANT 'YOU' TO
HAVE THINGS TO **LOOK
FORWARD TO**, TO
LEARN, TO HAVE **FUN**
AND TO **MAKE
FRIENDS**.



WE WILL HELP 'YOU' LIVE
LIFE TO THE **FULL!**

HIGH FIVE!



2. GOALS.

WHAT
ABOUT 'MY'
GOALS?



WE ARE LED
BY 'YOU',
WE LISTEN
AND PLAN
TOGETHER.



LET'S THINK ABOUT
YOUR GOALS AND
DREAMS, HOW AND
WHEN?



NOW 'YOU'
HAVE A **PLAN**,

**LET'S
GO FOR
IT!**



3. WHAT'S IT LIKE?

DO
PEOPLE
LIKE IT
THERE?



"I WAS **SHY**
AND WANTED TO STAY
OUTSIDE AT FIRST, I STARTED
GOING INTO THE **HUB** AND MET
SOME NEW FRIENDS. I NOW
HAVE A **JOB**, I **LOVE IT**, I AM
ALSO DOING DRAMA FOR THIS
YEAR'S 'PANTO'. PEOPLE SAY
I AM **AMAZING** AND I
AM **PROUD!**"



4. ACTIVITIES.

WHAT
CAN I **DO**
WHEN I AM
THERE?



WE ARE NOT LIMITED BY
ROUTINE AND STRUCTURE, WE
PLAN TOGETHER TO MAKE
DREAMS A REALITY.



WE HAVE **INDIVIDUAL** AND
GROUP ACTIVITIES TO
ENSURE 'YOU' GET WHAT
'YOU' WANT.



WE CAN GO OUT INTO THE
COMMUNITY, HAVE FUN
AND LEARN NEW SKILLS.



DO 'YOU' LIKE **COOKING**?
WE DO AND WE CAN HELP
'YOU' LEARN MORE.



IF RELAXING IS MORE YOUR THING, WE HAVE A **SENSORY ROOM** TO HELP 'YOU' DO JUST THAT.



DO 'YOU' WANT TO DO MORE FOR YOURSELF, IF 'YOU' WANT MORE **INDEPENDENCE**, WE CAN HELP 'YOU' IT'S A BEAUTIFUL WORLD.



WE CAN HELP 'YOU' PLAN A **COLLEGE COURSE**, OR PREPARE FOR WORK.



WE HAVE A **DRAMA AND DANCE GROUP**...



AND IF **FITNESS** IS SOMETHING 'YOU' ENJOY, WE HAVE '**ACTIVE MOTIVATOR MATT**' WHO PLANS FITNESS, COORDINATION AND WELLBEING SESSIONS AT THE HUB.



GOING **GREEN?** WE HAVE AN **ALLOTMENT AND SENSORY GARDEN**...



WHERE 'YOU' CAN **GROW FOOD** AND ENJOY THE **GREAT OUTDOORS**.

WE CAN HELP 'YOU' GET INVOLVED WITH **LOCAL PROJECTS**, LET'S SAVE THE PLANET TOGETHER; WE LOVE **RECYCLING** AND KEEPING OUR COMMUNITY CLEAN WITH **TLC**.



I SEND MY SON TO **MAYFIELD** ONCE A WEEK IN TERM TIME AND ALSO IN SCHOOL HOLIDAY.

I CHOSE MAYFIELD DUE TO THE **FRIENDLY AND WELCOMING** STAFF AND THE **SPECIALISED SERVICE** THEY PROVIDE.



I KNOW ALL STAFF ARE TRAINED IN THE REQUIRED AREAS WE NEED TO MAKE SURE MY SON IS **SAFE**. MAYFIELD PROMOTES INDEPENDENCE, ENCOURAGES FRIENDSHIPS AND FINDS INCLUSIVE, ACCESSIBLE, FUN ACTIVITIES TO DO.

MY SON **ALWAYS** HAS A GOOD TIME AND ENJOYS BEING OUT AND ABOUT IN HIS COMMUNITY WITH THEM.



Get into Performing Arts



Get into Performing Arts is a new one day per week course for people from Calderdale with learning disabilities and/or autism over the age of 18.

Led by Mind the Gap Academy and based at Square Chapel Arts Centre, this year-long course will provide an introduction to theatre, dance and music from October 2022.

About Mind the Gap

Mind the Gap is England's leading learning disability performance and live arts company. As well as creating bold, cutting edge, world class shows and events, the company trains people with learning disabilities and/or autism through its Academy. This provides a range of different courses that develop the talents and skills of students with a passion for performance.

Mind the Gap Academy has been training people with learning disabilities and/or autism in performing arts for over 20 years.

All training is person-centred and offers various ways to learn with individual's needs taken into consideration. We don't lecture, we create and learn together!



"The company that's raised the bar for theatre with learning disabled artists."

Lyn Gardner, The Stage



"Her confidence levels have improved so much in such a short time ... she's happy, doesn't want to miss a day and we're never allowed to be late!"
Parent of Academy student

How to Apply

To apply for Get into Performing Arts, contact Mind the Gap on **01274 487390** or email **academy@mind-the-gap.org.uk**

Taster sessions are available to find out if the course is right for you!

Entry Requirements

To apply for a place on the new Get into Performing Arts Course, you must:

- have a learning disability and/or autism
- be over the age of 18
- live in Calderdale
- have an interest in performing arts

No previous experience is necessary!

Course Location

The course will take place at:
Square Chapel Arts Centre,
10 Square Road,
Halifax,
HX1 1QG



Mind the Gap

Silk Warehouse, Patent Street, Bradford, BD9 4SA
01274 487390 | e: academy@mind-the-gap.org.uk
www.mind-the-gap.org.uk/academy



@mtgstudios



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



Mind the Gap is a registered charity, no. 328476



The Hoover Building
Westfield Street
Halifax
HX1 2DN

t: **01422 330938**
e: **admin@nextsteptrust.co.uk**
w: **www.nextsteptrust.org.uk**

The Next Step Trust is a charity established in 2006 to support adults with learning disabilities and complex health needs. Established by parents its objective is to provide a comprehensive day service provision along with other services as required by the individuals we support. We aim to work in keeping with the personalisation agenda

Our Vision is:

To continue to be the best-bespoke provider and recognise specialist for adults with profound and multiple learning disabilities and complex health needs providing day opportunities and Respite.

Values

All the activities of the Trust are based on three interlocking and overlapping values:

- **Commitment**

The people who use our service need to know that we are here for the long term – that we will be walking the next steps with them. Our partners and suppliers need to recognise our commitment too. So that we can, all work together to support more fulfilling lives for people with complex needs. We will be consistent, determined and embrace the challenges in our work, and always be focused on being the best we can be for the people we are here to support.

- **Respect**

We see people as people, and respect them for their differences. There are boundaries within which we expect people to act, and these are based on putting the people we support at the heart of all we do. The respect we have for our work will never allow those boundaries to be compromised.

- **Friendship**

The Trust will extend the hand of friendship to the people who use our services but also to their families too. By being here, we will create a place where people can come together, have a sense of belonging, and feel welcome. We will demonstrate loyalty and honesty to our partners and suppliers, and ask for this in return. Friendship will help overcome challenges in a way that conflict cannot, and through this we will be able to do the best we can for the people we support.

“I enjoy attending Next Step and I am very familiar and friendly with the staff and other service users. I get on very well with my support staff who explain my activities to me so I can understand”.

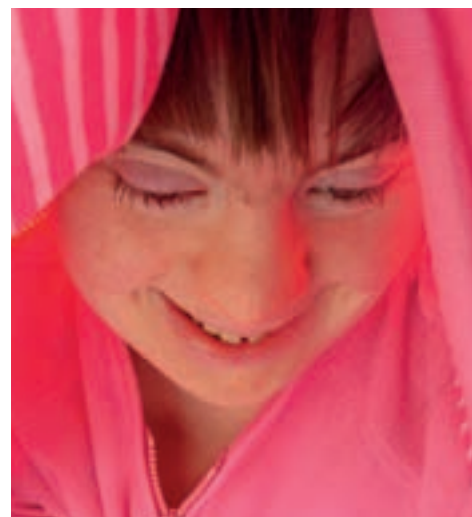
Activities

- Hydrotherapy
- Bikes
- Skylight
- Baking
- Huddersfield sports centre
- Physiotherapy
- Day trips
- Aromatherapy
- Music sessions
- Sensory
- And many more!



Once a year we also put on a residential trip for one week where some staff and next steppers go to the Calvert Trust located in the Lake District. While at The Calvert Trust they join in on activities such as Abseiling, Horse Riding, Swimming, team building, Zip wire, Rock and rope, Disco, Camp fires

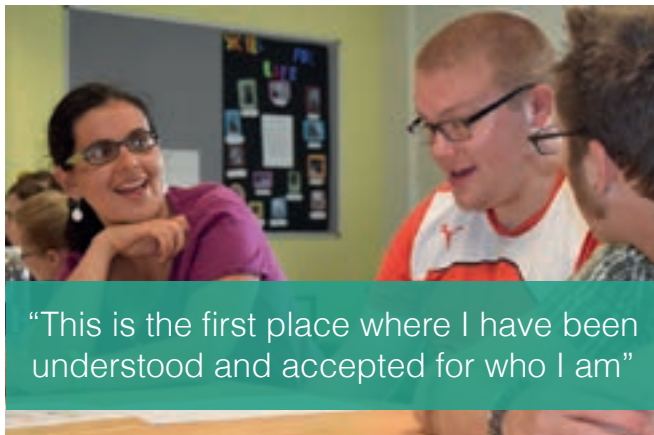
If you have profound needs and are looking for specialised support please get in touch to visit our centres and gain more information. We aim to provide a service that caters for your needs in a friendly atmosphere, with plenty of opportunities to do what you enjoy and try new things! We aim to help people have fulfilling lives, overcoming barriers to live a happy life.





Specialist Autism Services

Specialist Autism Services have over 22 years' experience of working exclusively for and with individuals with Autism. We provide a personalised learning programme, to develop social, communication and employment skills which empower our members (service users) to engage with new opportunities, make informed choices, achieve their goals, maximising independence and inclusion.



A strengths-based approach is an intrinsic part of our ethos and throughout our services we aim to reinforce the many skills, abilities, talents and achievements of our client group, whilst supporting our members to learn, develop and share essential social skills and Autism specific strategies which empower individuals to become more independent and achieve their goals and aspirations.

Our organisation has worked exclusively for and with individuals on the Autism Spectrum and their families since 1999. We are a non-profit organisation that works with the charity Sacar to support our client group across the Yorkshire region.

We provide a range of services including group social skills workshops (examples of these are independent living skills, creative arts, money management and media and gaming), a supported employment programme and we also deliver Autism Training across the region.





"My motivation is boosted since coming to Specialist Autism Services, I feel more confident to work towards my goals now."

Our Learning Programme

Through our personalised learning programme we offer:

- Autism friendly environment
- Peer support
- Social skills development and strategies
- Confidence building
- Increased independence
- Friendships and relationships
- Employability skills
- New opportunities
- Community access
- Personalised support

Our Values

- Learning - We continue to learn from those we support and shape our service together.
- Autism Specific Practices - Our trained and experienced staff team are equipped to provide the highest quality of Autism specific support.
- Trust and Respect - We promote trust and respect through our person-centred, autism specific practices.
- Empowerment - We celebrate the strengths, skills and abilities of those we support to enable and empower.
- Awareness - We are continually striving to increase awareness and understanding of Autism across society.



"For the first time in my life I have made what I consider to be real friendships."

Contact Us



01274 789 789



Onward House, 2 Baptist Place, BD1 2PS



Facebook.com/SASautism



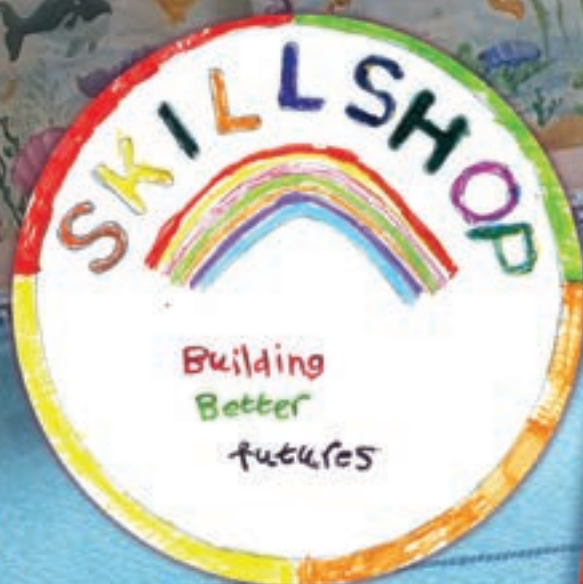
www.SpecialistAutismServices.org



Info@SpecialistAutismServices.org



[Twitter.com/SASautism](https://twitter.com/SASautism)



Who are we?

Skillshop is an Independent charity run organisation, established to enhance the lives of Adults with learning disabilities, by leading the way within the Health and Social Care sector. Whilst providing amazing opportunities in a caring, friendly and safe environment, we aspire to develop, improve and promote individuals Lifeskills and independence.

WHAT CAN THE 'SKILLSHOP FAMILY OFFER YOU??.....

Just a few of our clients favourite sessions, amongst many others, are... Photography, Wildlife, Girlie sessions (Spa), Arts and Crafts, Gardening, Woodwork, ICT, Cooking and Baking, Quiz, BINGO and Games afternoons, Karaoke and dancing, Swimming (in our on site pool), Mental Health Awareness, Boxercise & ZUMBA, Horrible Histories and Knowledge and Discovery.

A great variety for any taste.



Please contact Kristan on 01422 242777, to arrange this.



Heres what our friends say about Skillshop

A warm, fun and friendly welcome awaits you here at the Skillshop, with plenty smiles and laughter to go around.

Renate, Customer Service @Morrisons "The Skillshop is set in stunning surroundings, with lovely, caring and outgoing staff. The clients I have met, are very friendly, polite and helpful too. The Skillshop are always very appreciative of all our donations!"

Jill, Support Worker: "Paul chose to go to the skillshop because he liked what he saw. Paul still enjoys going to the skillshop even after all these years he would be very sad if he didn't attend Skillshop because he has made lots of friends. He really looks forward to going in and wouldn't want to go anywhere else"

Paul S: "I love the photography sessions during our wildlife outings. I really enjoy the Horrible Histories and 'doing' my own quiz sessions, everyone joins in. Also I love the drama sessions when we are preparing for our' end of year show'"

Craig B: "I really enjoy boxercise class, I always enjoy the Art, craft and Mental health awareness. I like all my friends at Skillshop and if I stayed at home I would just be bored. I like all the staff and I Love the food that skillshop make. Karaoke is one of my favourite things to do."

We also provide a pick up and drop off service.

If any of the above interests you we do offer a free trial day for you to come in and spend a day with us.



Please contact Kristan on 01422 242777, to arrange this.

Call us for support:
0113 243 5151



A life without limits for the people we support

We are a leading multi-speciality care provider who is devoted to person-centred care. We support people experiencing learning disabilities, homelessness, mental health, and substance rehabilitation to live their best life.



St Anne's Community Services,
Fountains Court
Bruntcliffe Way,
Morley, Leeds,
LS27 0JG



WWW.ST-ANNES.ORG.UK



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SUPPORT FOR YOU



"My support worker helped me build up trust and belief in me. They helped my confidence to try and learn new skills, like cooking. They helped me become involved in my community".

To access opportunities:



SOCIAL

Enjoyable ways to meet new people and try new activities.



LIFE SKILLS

Learn new skills to keep you healthy and happy.



CULTURE

Explore art, music, people and places.



EDUCATION

Learning more about the world and how it works.



EMPLOYMENT

Develop understanding of different work places and how to find jobs.



SPORT

Keeping your heart and body healthy with sports, dance and movement.

"My brother really enjoys time with his support worker. He can't wait to leave the house on a morning."



St Anne's Community Services, Fountains Court,
Bruntcliffe Way, Leeds LS27 0JG



info@st-annes.org.uk



www.st-annes.org.uk

Contact Us

0113 243 5151



United Response Day Opportunities

Our vision is a society where everyone has equal access to the same rights and opportunities.

- **Creative**
- **Strong**
- **Honest**
- **Responsive**
- **United**



About us

We are an established charity with an excellent track record in supporting young people and adults with a range of mental health needs and disabilities – which include learning disabilities, autism.



Supporting people to access volunteering & employment opportunities: to improve outcomes for individuals with Learning Disabilities and/or Autism. Our divisional supported employment team will work with others to identify opportunities in Calderdale and support people to access employment and volunteering roles.



Independent Living Skills: Offer skills based activities, which will lead to increase independence. We will offer a variety of activities to meet your needs, such as Finance, Travel Training, Healthy and Wellbeing, including nutritional guidance. We will ensure there is a clear pathway for you to grow confidence and to move onto other opportunities.



Creating innovative, flexible, community based offer: providing activities in settings such as sports and leisure centres and community centres or local hubs. Supporting people to promote greater independence and community engagement.

"We have all become really excited by the work done so far with United Response. Their involvement with H will enable her to achieve new goals and also help support H to engage with her local community more, broaden her skills and try new things"

Feedback from partnering organisation



For further information please contact:

Graham Palmer, Area Manager
email: graham.palmer@unitedresponse.org.uk

Laura Stott, Business Development Manager
email: laura.stott@unitedresponse.org.uk

www.unitedresponse.org.uk

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For further information and guidance
please contact Gateway to Care on:

01422 393000

gatewaytocare@calderdale.gov.uk